



**PRODUCT CODE: VBC11 VBC11F**

**ITEM DESCRIPTION: BEAN & CHILI TAMALES in CORN HUSK**

**MANUFACTURER: BESTWAY FOOD PRODUCTS      SERVING SIZE: 6.36 oz**

**I. Creditable Grain: Corn Masa Group B Food Buying Guide**

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup> A	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) <sup>2</sup> B	Creditable Amount A ÷ B
WHOLE KERNEL	35	16	2.18
CORN FLOUR			
<b>Total Creditable Amount<sup>3</sup></b>			<b>2</b>

**II. Meat/Meat Alternate**

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable M/MA Amount
BEANS, PINTO, CANNED, COOKED, WHOLE	3.64	X	40.5/73*	2.019
<b>Total Creditable M/MA</b>				<b>2</b>

- PINTO BEANS: FBG states when drained, a #10 can of pinto beans weighs 73 oz
- \*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Total weight (per portion) of product as purchased 6.36 OZ

Total creditable amount of Grain (per portion) 2.0 OZ

Total creditable amount of Meat/Meat Alternate (per portion) 2.0 OZ

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 5.5-ounce portion of this product (ready for serving) provides 2 oz equivalent Grains and 2 oz. equivalent Meat/Meat Alternate.

Signature

Title President

Printed Name: Greenfield Sawyer

Date 2/02/2023

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