



**PRODUCT INFORMATION SHEET**  
**RF CHEDDAR CHEESE & EGG**  
**BREAKFAST POCKET**

**Code No: JRT45 INDIVIDUALLY WRAPPED**

**Contribution to USDA Meal Pattern Requirements: 1 m/ma & 1.0 grain**  
**Portion Size as Purchases: 3.0 oz. Case Pack: 128 Net Case Weight: 24 lbs.**  
**1 m/ma: .75 Reduced Fat Cheddar Cheese .45 Frozen Whole Egg**  
**1 Grain: 1.0 oz. Whole Wheat Flour Tortilla - 19 grams of whole grain,**  
**1 creditable grain from whole grain rich wheat flour**

|               |        |                 |        |           |          |
|---------------|--------|-----------------|--------|-----------|----------|
| Calories      | 167    | Fat (Total)     | 5.1 g  | Calcium   | 145 mg   |
| Protein       | 9.45 g | Fat (Saturated) | 1.3 g  | Iron      | 1.325 mg |
| Carbohydrate  | 16 g   | Trans Fat       | -0-    | Vitamin C | 0 mg     |
| Dietary Fiber | 3 g    | Cholesterol     | 60 mg  | Vitamin A | 96.5 iu  |
| Sugar         | 1 g    | Sodium          | 296 mg |           |          |

**Ingredient Statement for: Cheese & Egg Pocket: Tortilla: whole grain wheat flour (Ultra Grain), enriched wheat flour, (wheat flour, malted barley, ferrous sulfate, niacin, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, leavening, (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum sorbate), salt, calcium propionate, mono-diglycerides, fumaric acid, potassium sorbate, enzymes, sugar, rice flour, guar gum, yeast, L-Cysteine. Reduced Fat Cheddar Cheese: pasteurized reduced fat milk, cheese cultures, enzymes, annatto (if colored), salt. Cooked Scrambled Whole Egg: eggs, buttermilk, (cultured low-fat milk, salt), citric acid, onions, salt, citric acid, starch, coriander, spices), fire roasted green chiles, (green chiles, water, salt, citric acid). Tic Gum: (acacia, agar, carrageenan, guar, konjac, locust bean gum, pectin, tara gum). Red and Green Salsa: (crushed tomatillos, jalapeno peppers, onions, salt, citric acid, starch, coriander, spices) fire roasted green chiles, (green chiles, water, salt, citric acid).**

**ALLERGENS: WHEAT, MILK, EGG,**  
**BESTWAY FOOD PRODUCTS PRODUCTION FACILITY IS FREE OF PEANUTS**  
**BESTWAY FOOD PRODUCTS PRODUCTION FACILITY DOES CONTAIN TREE NUTS FOR FURTHER PROCESSING**  
**SHELF LIFE FROZEN 365 DAYS FROM PRODUCTION**

**Heating Instructions For Product Listed Above: FROM FROZEN:**  
**CONVECTION OVEN - 325 degrees for 10- 15 min. or until an internal temp. of 165 degrees.**  
**CONVENTIONAL OVEN - 310 degrees for 10-15 min. or until an internal temp. of 165 degrees.**

I certify the above is true  
 Revised 1/02/2023

949 361 4168

Greenfield Sawyer President